

Sensory Hypersensitivity and the Predictability of Repetitive Behaviours in Autism Spectrum Disorder

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Background

Repetitive behaviours (RBs) are a core feature of Autism Spectrum Disorder (ASD) and impact day-to-day life.

Atypical sensory processing is also a common ASD symptom, specifically hypersensitivity.

Evidence suggests a relationship between hypersensitivity and repetitive behaviours.

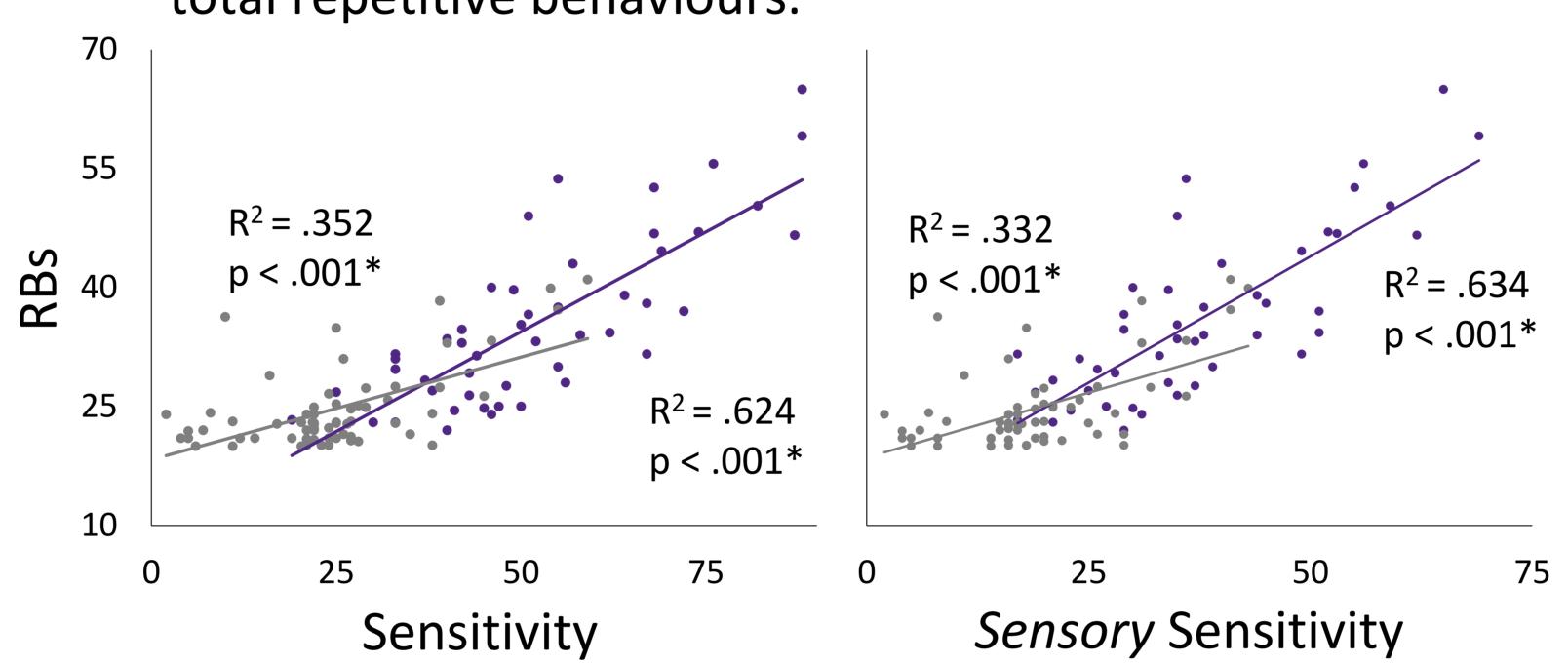
The over-arousal theory suggests that RBs act as a homeostatic mechanism for sensory input.

- 1) How are hypersensitivity and RBs related?
- 2) Is the relationship consistent across sensory modalities?
 - 3) Is the relationship specific to ASD?

Results

First, we correlated the Sensitivity SP-2 subscale and the total RBQ-2 score in both ASD and in TD.

Second, we removed items not specifically measuring sensory sensitivities and correlated this variable with total repetitive behaviours.



Results

A hierarchical regression identified predictive factors of RBs.

Unmatched demographic factors were controlled for in Model 1, sensory sensitivity added in Model 2, and diagnosis in Model 3.

Model R	.420*	.826*	.828			
Predictor	Partial Correlation					
Intelligence	408*	192*	162			
Age	.004	126	143			
Sex	098	029	.001			
Sensitivity		.817*	.711*			
Diagnosis			.085			

Methods

Participants: Parents of 114 children

	N	Females	Males	M Age	IQ
ASD	49	10	39	12	92.69
TD	65	31	34	12	109.06

Measures:

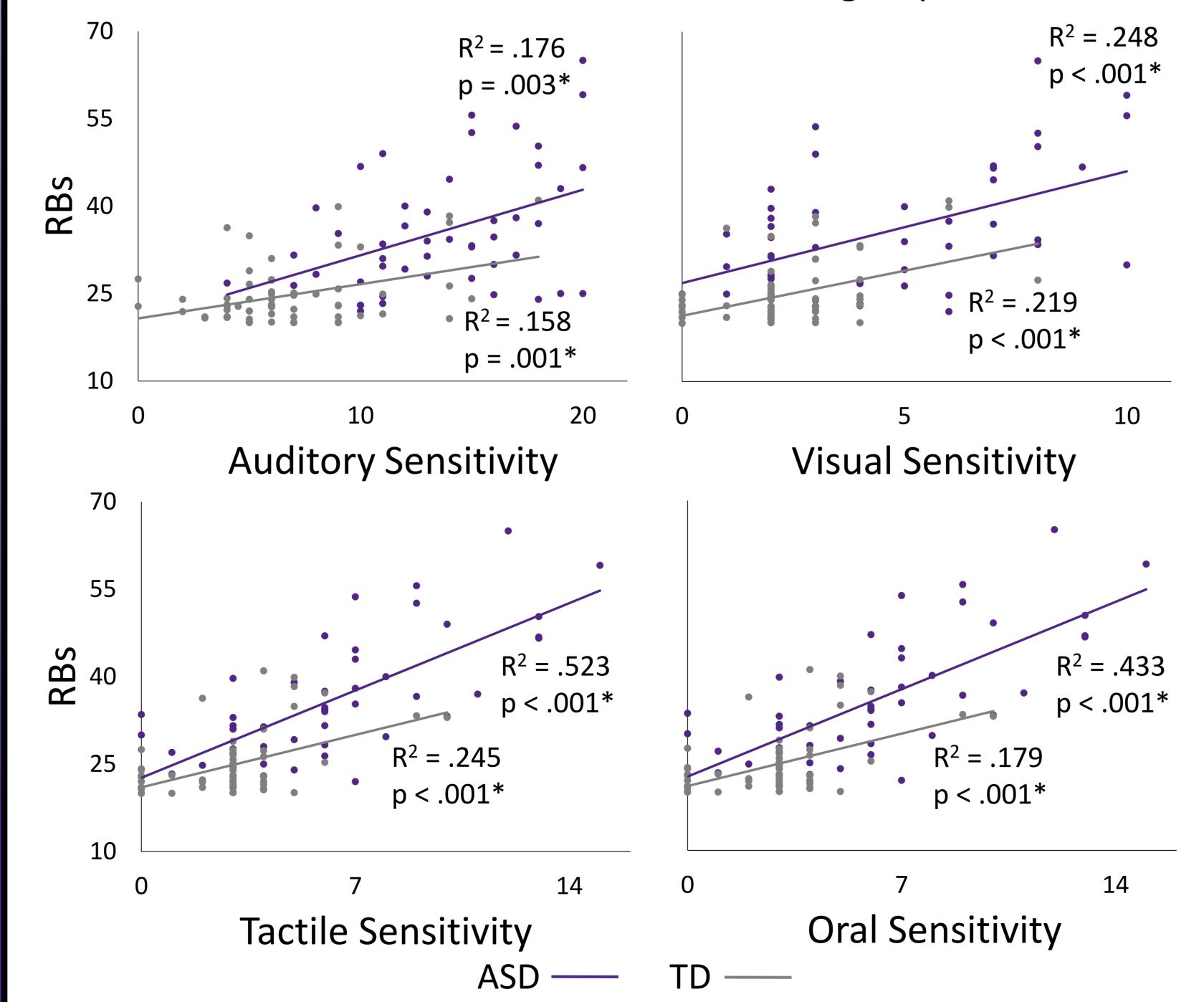
Sensory Profile 2 (SP-2)

Repetitive Behaviours Questionnaire 2 (RBQ-2)

Results

Results

Atypical sensory processing for each sensory modality was then correlated with RBs in ASD and TD groups.



Discussion

- A strong positive correlation was found between hypersensitivity and RBs. Hypersensitivity was a significant predictor of RBs when controlling for intelligence, age, and sex. Diagnosis did not explain additional variance in RBs.
- 2) The relationship between hypersensitivity and RBs was significant across modalities in both groups.
- 3) The relationship between hypersensitivity and RBs did not differ across groups, but the absolute levels of these symptoms did, showing more severe scores in ASD.
- 4) Follow up studies are currently underway to determine if sensory sensitivities play a causal role in repetitive behaviours in ASD.

Hypersensitivity is significantly predictive of repetitive behaviours in ASD and TD.

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